

Plant Guide to Mt. Baden-Powell and Lamel Spring Trail

Mile	S #	id?	Common Name	Scientific Name	#here	#us
<p>Parking lot at Vincent Gap, elevation 6580 feet (2006 m), in fault gouge. The following are parking area plants in alphabetical order by scientific name. Numbered species are not seen elsewhere on the trail. Non-numbered species are also found on the trail, but not in the parking area, and their abundance estimates are given at their first location on the trail.</p>						
0.00						
0.00	- 1	*	fern-leaf yarrow	<i>Achillea filipendulina</i>	1 / 1	1
0.00	- 2		yarrow	<i>Achillea millefolium</i>	2 / 1	72
0.00	- 3		silky lotus	<i>Acemison heermannii</i> var. <i>heermannii</i>	10 / 1	20
0.00	- 4		bur-ragweed	<i>Ambrosia acanthicarpa</i>	30 / 1	42
0.00	-		Utah service-berry	<i>Amelanchier utahensis</i>	/	
0.00	-		plain mariposa lily	<i>Calochortus invenustus</i>	/	
0.00	- 5		Mojave ceanothus	<i>Ceanothus vestitus</i>	1 / 1	10
0.00	-		birch-leaf mountain-mahogany	<i>Cercocarpus betuloides</i> var. <i>betuloides</i>	/	
0.00	-		curl-leaf mountain-mahogany	<i>Cercocarpus ledifolius</i>	/	
0.00	- 6	*	Jerusalem oak	<i>Dysphania botrys</i>	10 / 1	8
0.00	- 7		smoothleaf yerba santa	<i>Eriodictyon trichocalyx</i> var. <i>trichocalyx</i>	10 / 1	26
0.00	-		Davidson's buckwheat	<i>Eriogonum davidsonii</i>	/	
0.00	- 8		California buckwheat	<i>Eriogonum fasciculatum</i> var. <i>polifolium</i>	10 / 1	109
0.00	- 9	*	redstem filaree	<i>Erodium cicutarium</i>	30 / 1	142
0.00	- 10		chaparral yucca	<i>Hesperoyucca whipplei</i>	1 / 1	82
0.00	- 11	*	shortpod mustard	<i>Hirschfeldia incana</i>	3 / 1	77
0.00	- 12	*	prickly lettuce	<i>Lactuca serriola</i>	3 / 1	69
0.00	- 13	*	white sweetclover	<i>Melilotus albus</i>	10 / 1	12
0.00	- 14		giant blazing star	<i>Mentzelia laevicaulis</i>	1 / 1	9
0.00	-		Grinnell's beardtongue	<i>Penstemon grinnellii</i> var. <i>grinnellii</i>	/	
0.00	- 15	*	knotweed	<i>Polygonum aviculare</i> ssp. <i>depressum</i>	30 / 1	32
0.00	- 16		slender everlasting	<i>Pseudognaphalium thermale</i>	1 / 1	32
0.00	- 17	*	giant sequoia	<i>Sequoiadendron giganteum</i>	6 / 1	3
0.00	- 18		goldenrod	<i>Solidago velutina</i> ssp. <i>californica</i>	20 / 1	131
0.00	- 19		slender wreathplant	<i>Stephanomeria exigua</i> ssp. <i>exigua</i>	1 / 1	30
0.00	- 20	*	puncture-vine	<i>Tribulus terrestris</i>	1 / 1	8
0.00	- 21		western vervain	<i>Verbena lasiostachys</i>	5 / 1	6

0.00	Trailhead at southwest corner of parking lot									3.44	Switchback left, #35.																
0.00	r	22	*downy brome	<i>Bromus tectorum</i>	99 / 9	101														3.49	Switchback right, #36.						
0.00	r	23	naked buckwheat	<i>Eriogonum nudum var. pauciflorum</i>	99 / 9	80														3.51	r	Switchback left, #37. Jct. path up ridge at a blank wooden post.					
0.00	r	24	wild tarragon	<i>Artemisia dracunculus</i>	20 / 2	98														3.54		Switchback right, #38, elevation ~9200 feet (2805 m).					
0.00	r		Sign: "Warning: Hazardous Trail during winter months. Steep icy slopes."																	3.57	l	114	showy cycladenia	<i>Cycladenia humilis var. venusta</i>	99 / 1	3	
0.00	r	25	big sagebrush	<i>Artemisia tridentata</i>	99 / 2	35														3.57	l	115	gray monardella	<i>Monardella australis ssp. cinerea</i>	99 / 2	3	
0.00	l	26	canyon live oak	<i>Quercus chrysolepis</i>	99 / 9	104														3.59			Can now see the peak of Mt. Baden-Powell for first time.				
0.00	r	27	San Bernardino rubber rabbitbrush	<i>Ericameria nauseosa var. bernardina</i>	99 / 9	95															116	bitter root	<i>Lewisia rediviva var. minor</i>	x /	8		
0.00	l		Sign: "Mine Gulch 4.5 mi (left); Lamel Spring 1.5 mi (right); Baden-Powell summit 4 mi (right); no bicycles allowed".																	3.61	r	117	San Jacinto Mtns. daisy	<i>Erigeron breweri var. jacinteus</i>	40 / 1	12	
0.00	r	28	Jeffrey pine	<i>Pinus jeffreyi</i>	99 / 9	119														3.63			Now on top ridge, with great views.				
0.00	b	29	nodding bedstraw	<i>Galium hallii</i>	99 / 9	5														3.66	r		Sign on trunk: "Limber Pine, <i>Pinus flexilis</i> ".				
0.00	r	30	squirreltail	<i>Elymus elymoides</i>	10 / 2	110														3.68			Sign: "Mt. Baden-Powell Jct. Dawson Saddle Jct 2.5 mi (r); Vincent Gap 3.8 mi (l); Windy Gap 5.2 mi (r); Islip Saddle 7.2 mi (r). Sponsor: Angeles Crest 100 mi run. Highest point 9300 feet. Go left to Baden-Powell				
0.00	b	31	beaked penstemon	<i>Penstemon rostriflorus</i>	99 / 9	66														3.69	l		Sign: "The 'Wally' Waldron Tree" (a 2,000 year old tree!)				
0.01	b	32	sulphur buckwheat	<i>Eriogonum umbellatum var. munzii</i>	99 / 4	36														3.74			Switchback left, #39. Lots of onion here.				
0.01	l	33	Martin's paintbrush	<i>Castilleja applegatei ssp. martinii</i>	30 / 5	69														3.74	r	118	San Gabriel Mtns. sunflower	<i>Hulsea vestita ssp. gabrielensis</i>	V /	4	
0.01	l	34	dead in 2014. white fir	<i>Abies concolor</i>	99 / 9	121														3.76			Switchback right, #40.				
0.01	b	35	one-sided bluegrass	<i>Poa secunda ssp. secunda</i>	99 / 2	57														3.77	b	119	southern alpine buckwheat	<i>Eriogonum kennedyi var. alpigenum</i>	99 / 1	5	
0.01	l	37	sp	arched elegant rock-cress	<i>Boechera arcuata</i>	1 / 1	11													3.77			Trail curves left 90°.				
0.01	l	38	deer brush	<i>Ceanothus integerrimus var. macrothyrsus</i>	2 / 2	9														3.82			Boy Scout Monument and peak register.				
0.01	r		PCT post.																	3.82			Pole at top of Baden-Powell, elevation 9399 feet (2865 m). Next two species are just beyond the peak:				
0.01	l	39	Grinnell's beardtongue	<i>Penstemon grinnellii var. grinnellii</i>	20 / 3	63														3.84			green-leaf manzanita	<i>Arctostaphylos patula</i>	/		
0.01	l	40	birch-leaf mountain-mahogany	<i>Cercocarpus betuloides var. betuloides</i>	2 / 1	57														3.86	120		Davidson's buckwheat	<i>Eriogonum davidsonii</i>	99 / 2	60	
0.01	l	41	Wright's buckwheat	<i>Eriogonum wrightii var. subscaposum</i>	99 / 2	57														3.86	121		mountain spray	<i>Holodiscus discolor var. microphyllus</i>	1 / 1	46	
		42	spear-leaved mountain dandelion	<i>Agoseris retrorsa</i>		x /	42													3.86			End guide.				
		43	golden yarrow	<i>Eriophyllum confertiflorum var. confertiflorum</i>	99 / 9	123															122			The following two species are fire-followers and will only reappear after the next burn			
0.02	l	44	pine lousewort	<i>Pedicularis semibarbata</i>	99 / 9	75																	red-rayed hulsea	<i>Hulsea heterochroma</i>	V /	10	
0.02	r	45	leafy daisy	<i>Erigeron foliosus var. foliosus</i>	99 / 9	103															123			Parish's oxythea	<i>Acanthoscyphus parishii var. parishii</i>	x /	5
0.02			Trail turns 90 degrees left.																								
0.03	r		End of wooden rail. Sign: "Adopt-A-Trail: Boy Scouts of America".																								

1.93	Lodgepole pine with bear claw marks.				0.03	l	Sign: "PCT; Mt. Baden-Powell 3.7 mi; Windy Gap 9.4 mi; Little Jimmy Trail Camp 9.7 mi; Islip Saddle Trailhead 11.8 mi"				
1.95	Switchback right, #16, elevation ~8010 feet (2440 m); Sign: "Mile 2"				0.03	r 46	Nevin's bird's beak	<i>Cordylanthus nevinii</i>	50 / 2	41	
2.09	Trail enters an area whose overall slope is gentler.				0.03	b 47	mountain California-fuchsia	<i>Epilobium canum ssp. latifolium</i>	99 / 9	124	
2.18	"U"-shaped switchback left, #17.				0.03	r 48	Davidson's lotus	<i>Acmispon nevadensis var. davidsonii</i>	1 / 1	19	
2.30	Trail curves right 90° as it crosses a ridge.				0.03	r 49	narrowleaf monardella	<i>Monardella linooides ssp. stricta</i>	99 / 9	11	
2.32	l 110	San Bernardino beardtongue	<i>Penstemon caesius</i>	11 / 2	10	0.04	r	First live white fir, <i>Abies concolor</i> , in 2014			
2.36	r 111	pussy paws	<i>Calyptridium monospermum</i>	40 / 3	40	0.05	r 50	dead in 2014. mountain whitethorn	<i>Ceanothus cordulatus</i>	30 / 9	89
2.38	Switchback right, #18. Sign (gone in 2014): "El 8240 Mi 2.45 (sb) 18" (2512 m).				0.06	l 51	California black oak	<i>Quercus kelloggii</i>	2 / 1	41	
2.42	Trail bends left as it crosses a broad ridge.				0.06	r 52	fir mistletoe	<i>Phoradendron bolleanum</i>	99 / 9	43	
2.61	Switchback left, #19. Sign (gone in 2014): "El. 8440 Mi. 2.68 (sb) 19" (2573 m).				0.06	r 53	incense-cedar	<i>Calocedrus decurrens</i>	28 / 2	74	
2.81	Trail curves right as it crosses a ridge.				0.09	l 54	Sierra gooseberry	<i>Ribes roezlii var. roezlii</i>	75 / 9	59	
2.81	Switchback right, #20, elevation ~8560 feet (2610 m). Sign (gone in 2014): "El 8660 Mi 2.89 (sb) 20".				0.09	b 55	Yosemite rockcress	<i>Boechea repanda</i>	99 / 9	20	
2.86	l	Sign: "Mile 3"			0.10	l 56	spreading larkspur	<i>Delphinium patens ssp. montanum</i>	5 / 1	6	
2.86	Highest sugar pine				0.10	l 57	Wright's collinsia	<i>Collinsia torreyi var. wrightii</i>	40 / 5	7	
2.87	"U"-shaped switchback left, #21.				0.10	r 58	~ wax currant	<i>Ribes cereum var. cereum</i>	99 / 3	82	
2.93	Switchback right, #22.				0.11	l 59	California brome	<i>Bromus carinatus var. carinatus</i>	5 / 1	75	
2.98	l 112	limber pine	<i>Pinus flexilis</i>	99 / 9	36	0.12		Switchback left, #1.			
2.99	Switchback left, #23.				0.12	r	(blue elderberry, <i>Sambucus mexicana</i>)				
3.06	Switchback right, #24.				0.14	l 60	Fremont's goosefoot	<i>Chenopodium fremontii</i>	20 / 3	62	
3.11	Switchback left, #25, elevation ~8800 feet (2680 m). Sign: "El 9060 Mi. 3.2x (sb) 25".				0.21	r 61	flannelbush	<i>Fremontodendron californicum</i>	3 / 1	12	
3.11	r 113	alpine sulfur-flowered buckwheat	<i>Eriogonum umbellatum var. minus</i>	99 / 5	7	0.21	r 62	white catch-fly	<i>Silene verecunda</i>	99 / 3	88
3.15	Switchback right, #26.				0.21	l 63	forest sedge	<i>Carex multicaulis</i>	2 / 1	21	
3.15	Highest Jeffrey pine on north slope of Baden-Powell (they are at the top and south side, too)				0.21	l	Switchback right, #2. Sign (gone in 2014): "Please use the trail. Short cuts cause erosion".				
3.19	Switchback left, #27.				0.24	r	First live mountain whitethorn, <i>Ceanothus cordulatus</i> , in 2014				
3.22	Switchback right, #28.				0.27	64	santolina pincushion	<i>Chaenactis santolinoides</i>	8 / 3	22	
3.24	Switchback left, #29.				0.27	l 65	Parish'stauschia	<i>Tauschia parishii</i>	30 / 2	31	
3.27	Switchback right, #30. Great views now of Devils Punchbowl area and Mojave Desert.				0.32	l	(sugar pine, <i>Pinus lambertiana</i>)				
3.28	Highest white fir.				0.37	r	definite wax currant	<i>Ribes cereum var. cereum</i>	/		
3.32	Switchback left, #31.				0.38	r 66	blue elderberry	<i>Sambucus nigra ssp. caerulea</i>	13 / 5	105	
3.37	Switchback right, #32, elevation ~9000 feet (2745 m).				0.39	l 67	Utah service-berry	<i>Amelanchier utahensis</i>	1 / 1	26	
3.39	Switchback left, #33.				0.39	l 68	western choke-cherry	<i>Prunus virginiana var. demissa</i>	1 / 1	15	
3.42	Switchback right, #34.				0.42	l 69	canyon dodder	<i>Cuscuta subinclusa</i>	1 / 1	4	
					0.43		Switchback left, #3. Sign (gone in 2014): "El 6808. Mile 0.x3. (sb) 3" (x = missing letters or numbers in sign; 2075 m). Old trail continues straight here, but is blocked off and not maintained.				

0.58	Trail gradually bends right 90°.				1.44 l 86	lodgepole pine	<i>Pinus contorta ssp. murrayana</i>	99 / 9	56
0.62 r	golden yarrow	<i>Eriophyllum confertiflorum var. confertiflorum</i>	/		1.53	Trail curves right 90° at ridge.			
0.62 r 70 ~	San Bernardino Mountain onion	<i>Allium monticola</i>	30 / 2	8	1.53 r 87	rock buckwheat	<i>Eriogonum saxatile</i>	99 / 5	31
0.62 r 71	clustered broomrape	<i>Orobanche fasciculata</i>	1 / 1	15	1.55 l 88	bush chinquapin	<i>Chrysolepis sempervirens</i>	99 / 5	75
0.62 r 72	woolly mountain-parsley	<i>Oreonana vestita</i>	30 / 5	10	1.60	Switchback right, #14, elevation ~7760 feet (2365 m); Jct. trail to Lamel Spring. Sign: "Lamel Spring 1/4 mi (left); Mt. Baden-Powell 2 mi (r); Little Jimmy Campground 9 mi (r); Islip Saddle 11 mi (r); Crystal Lake 12 mi (r) 8W05".			
0.64	Switchback right, #4, with a pretty bank of California fuchsia in the middle, elevation ~7010 feet (2135 m).								
0.65 l 73	curl-leaf mountain-mahogany	<i>Cercocarpus ledifolius</i>	15 / 2	46		Species at Lamel Spring, in alphabetical order by name			
0.66 l 74	California coffeeberry	<i>Frangula californica</i>	3 / 1	37	89	spike bentgrass	<i>Agrostis exarata</i>	V /	24
0.68 l 75	threadleaf common rabbitbrush	<i>Ericameria nauseosa var. oreophila</i>	4 / 2	30	90	green-leaf manzanita	<i>Arctostaphylos patula</i>	30 / 2	75
0.69 l 76	plain mariposa lily	<i>Calochortus invenustus</i>	6 / 3	55	91	scalloped moonwort	<i>Botrychium crenulatum</i>	V / 1	0
0.72 r 77	sugar pine	<i>Pinus lambertiana</i>	99 / 9	92	92	golden sedge	<i>Carex aurea</i>	x / 1	1
0.79	Switchback left, #5, elevation ~7150 feet (2180 m). Sign (gone in 2014): El 71x0. Mile 0.7x. (sb) 5".				93	clustered field sedge	<i>Carex praegracilis</i>	x / 1	13
0.85	Switchback right, #6. Double-long bench without back with great views to northeast.				94	scented shooting star	<i>Dodecatheon redolens</i>	99 / 1	8
0.94 l 78	rock melica	<i>Melica stricta</i>	1 / 1	9	95	glaucus willowherb	<i>Epilobium glaberrimum ssp. glaberrimum</i>	99 / 1	35
0.92	Switchback left, #7.				96	Bigelow's sneezeweed	<i>Helenium bigelovii</i>	99 / 1	5
0.95 l 79	pine dwarf-mistletoe	<i>Arceuthobium campylopodum</i>	39 / 2	25	97	lemon lily	<i>Lilium parryi</i>	5 / 1	53
0.98	Trail makes a long curve right 90° at ridge				98	*spearmint	<i>Mentha spicata</i>	99 / 1	8
1.00 l 80	zig-zag gayophytum	<i>Gayophytum heterozygum</i>	30 / 2	3	99	scarlet monkeyflower	<i>Mimulus cardinalis</i>	99 / 1	43
1.02 r 81	clasping-leaved caulanthus	<i>Caulanthus amplexicaulis</i>	15 / 1	8	100	white bog orchid	<i>Platanthera dilatata var. leucostachys</i>	1 / 1	15
1.02 r 82	California brickellbush	<i>Brickellia californica</i>	1 / 1	54	101	sparse-flowered bog-orchid	<i>Platanthera sparsiflora</i>	V / 1	0
1.02	Switchback right, #8, elevation ~7340 feet (2235 m)				102	Kentucky blue grass	<i>Poa pratensis ssp. agassizensis</i>	1 / 1	37
1.02	Long curve left at ridge				103	pinedrops	<i>Pterospora andromedea</i>	15 / 4	59
1.10	Switchback left, #9.				104	mountain pink currant	<i>Ribes nevadense</i>	1 / 1	71
1.13	Trail curves right 90° at ridge.				105	interior rose	<i>Rosa woodsii ssp. gratissima</i>	40 / 1	8
1.17	Switchback right, #10.				106	blue-eyed grass	<i>Sisyrinchium bellum</i>	V / 1	32
1.21 r 83	white-bark raspberry	<i>Rubus leucodermis</i>	1 / 1	8	1.60	Continuation on Baden-Powell Trail			
1.23	Switchback left, #11. Faint use trail continues straight.				1.64 r 107	spineless horsebrush	<i>Tetradymia canescens</i>	14 / 1	18
1.29	Switchback right, #12, elevation ~7560 feet (2305 m).				1.65 r 108	pinegrove groundsmoke	<i>Gayophytum oligospermum</i>	1 / 1	55
1.33 l 84	snow-plant	<i>Sarcodes sanguinea</i>	4 / 2	57	1.65	Trail curves 90° left as it crosses a ridge.			
1.37 l	first pine lousewort, <i>Pedicularis semibarbata</i> , in 2014.				1.67 r	Jct. short use trail leading to a makeshift table and cooking ring.			
1.37	Trail curves left 90° at ridge.				1.77 l 109	broad-seeded rock-cress	<i>Boechera platysperma</i>	43 / 3	11
1.40 l 85	white-veined wintergreen	<i>Pyrola dentata</i>	17 / 3	5	1.78 r	First pinedrops, <i>Pterospora andromedea</i> , on main trail			
1.44	Switchback left, #13. Faint use trail continues straight.				1.80	Switchback left, #15. Sign: "El. 7903 Mi. 2.02 (sb) 15" (2409 m)			
					1.89	Trail curves 90° right as it crosses a ridge.			